

# Old Parks



**Old Parktonians  
Sports Club,  
No 1 Garden Rd,  
Bordeaux**

## Netball

### 4-6yrs

Learn netball related motor skills with fun music, dance and games

### 7-9yrs

Be part of modified netball games with a focus on fun and teamwork

### 10-Open

Netball drills and coaching that will teach players of all ages and abilities how to play Netball, developing game specific techniques. Be selected to join our leagues.


# ON THE MARK, NET, SET GO


## AFRICA UNITED NETBALL COACHING PROGRAMME

Africa United Netball coaching is an Inspiration Program designed to unlock the potential of children and provide them with opportunities to learn about health education; keep active; participate in fitness programs and develop leadership and communication skills while providing team work.

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